

SPEAKING TEST

Part 1: General Information

I'd like you to tell me something about how you spend your spare time. Is that okay?

- What are your hobbies?
- What benefits do you think you get from these activities?
- How do you usually spend your evenings?
- When you have vacations from work/study, do you like to travel abroad?
- Is there any activity you have always wanted to do but have never had the chance?

Part 2: Talk on a topic for 1 or 2 minutes

Describe a meal you might prepare in your country for a feast or special occasion.

Talk about:

- when you might make this meal
- the foods and ingredients needed for it
- how you prepare these things
and any other special things you do during this celebration

- Do people really enjoy these foods?
- What other foods are particularly popular where you come from?

Part 3: Discussion Topics

- traditional foods and changes in diet
 - Do you think traditional foods will retain their popularity?
 - Compare your country's traditional foods with more modern cuisine.
 - Does traditional cooking have more benefits than modern cooking?

- diet and health
 - Describe what you think would be your ideal healthy diet.
 - How healthy is your regular diet?
 - To what extent are people healthier these days?

- eating and body image
 - What is the ideal body shape in your country?
 - How has the ideal body shape changed in recent years?
 - Do you think this body shape will continue to be fashionable?